



LAP POOL SCHEDULE

CITRUS MEMORIAL HEALTH FOUNDATION YMCA

Fall 2024: Effective July 29–August 11, 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5am	Pool opens at 5am Lap Swim (6)	Pool opens at 5am Lap Swim (6)	Pool opens at 5am Lap Swim (6)	Pool opens at 5am Lap Swim (6)	Pool opens at 5am Lap Swim (6)	CLOSED	CLOSED
6am	Masters Swim 6–7:30am (5) Lap Swim (2)	Masters Swim 6–7:30am (5) Lap Swim (2)	Masters Swim 6–7:30am (5) Lap Swim (2)	Masters Swim 6–7:30am (5) Lap Swim (2)	Masters Swim 6–7:30am (5) Lap Swim (2)	CLOSED	CLOSED
7am	Masters Swim 6–7:30am (5) Lap Swim (2)	Masters Swim 6–7:30am (5) Lap Swim (2)	Masters Swim 6–7:30am (5) Lap Swim (2)	Masters Swim 6–7:30am (5) Lap Swim (2)	Masters Swim 6–7:30am (5) Lap Swim (2)	Pool Opens at 7am PYP Swim Team 7:30–9:30am (6) Lap Swim (1)	CLOSED
8am	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	PYP Swim Team 7:30–9:30am (6) Lap Swim (1)	CLOSED
9am	Water Exercise 9–10am (5) Swim Lessons 9–11:45am (2) Lap Swim (1)	Swim Lessons 9–11:45am (2) Water Exercise 9:45–10:45am (4) Lap Swim (2)	Water Exercise 9–10am (5) Swim Lessons 9–11:45am (2) Lap Swim (1)	Swim Lessons 9–11:45am (2) Water Exercise 9:45–10:45am (4) Lap Swim (2)	Swim Lessons 9–11:45am (2) Water Exercise 9:45–10:45am (5) Lap Swim (1)	PYP Swim Team 7:30–9:30am (6) Swim Lessons 9am–12:10pm (2)	CLOSED
10am	Swim Lessons 9–11:45am (2) Lap Swim (1)	Swim Lessons 9–11:45am (2) Water Exercise 9:45–10:45am (4) Lap Swim (2)	Swim Lessons 9–11:45am (2) Lap Swim (1)	Swim Lessons 9–11:45am (2) Water Exercise 9:45–10:45am (4) Lap Swim (2)	Swim Lessons 9–11:45am (2) Water Exercise 9:45–10:45am (5) Lap Swim (1)	Swim Lessons 9am–12:10pm (2) Lap Swim (6)	CLOSED
11am	Swim Lessons 9–11:45am (2) Water Exercise 11–12pm (5) Lap Swim (1)	Swim Lessons 9–11:45am (2) Lap Swim (4)	Swim Lessons 9–11:45am (2) Water Exercise 11–12pm (5) Lap Swim (1)	Swim Lessons 9–11:45am (2) Lap Swim (4)	Swim Lessons 9–11:45am (2) Lap Swim (4)	Swim Lessons 9am–12:10pm (2) Water Aerobics 11:15–12:15pm (5) Lap Swim (1)	Pool opens at 11am Lap Swim (6) Family Swim (2)
12pm	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Swim Lessons 9am–12:10pm (2) Water Aerobics 11:15–12:15pm (5) Lap Swim (1)	Lap Swim (6) Family Swim (2)

- (#) = Number of lanes available
- Pool schedule is subject to change

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1pm	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)
2pm	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)
3pm	LHS Swim Practice 3:30-5:30pm (7)	LHS Swim Practice 3:30-5:30pm (7)	LHS Swim Practice 3:30-5:30pm (7)	LHS Swim Practice 3:30-5:30pm (7)	LHS Swim Practice 3:30-5:30pm (7)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)
4pm	LHS Swim Practice 3:30-5:30pm (7)	LHS Swim Practice 3:30-5:30pm (7)	LHS Swim Practice 3:30-5:30pm (7)	LHS Swim Practice 3:30-5:30pm (7)	LHS Swim Practice 3:30-5:30pm (7)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)
5pm	LHS Swim Practice 3:30-5:30pm (7) PYP Swim Team 5:30-7pm (6) Swim Lessons 5:30-7:30pm (2)	LHS Swim Practice 3:30-5:30pm (7) PYP Swim Team 5:30-7pm (6) Swim Lessons 5:30-7:30pm (2)	LHS Swim Practice 3:30-5:30pm (7) PYP Swim Team 5:30-7pm (6) Swim Lessons 5:30-7:30pm (2)	LHS Swim Practice 3:30-5:30pm (7) PYP Swim Team 5:30-7pm (6) Swim Lessons 5:30-7:30pm (2)	LHS Swim Practice 3:30-5:30pm (7) Swim Lessons 5:30-7:30pm (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)
6pm	PYP Swim Team 5:30-7pm (6) Swim Lessons 5:30-7:30pm (2)	PYP Swim Team 5:30-7pm (6) Swim Lessons 5:30-7:30pm (2)	PYP Swim Team 5:30-7pm (6) Swim Lessons 5:30-7:30pm (2)	PYP Swim Team 5:30-7pm (6) Swim Lessons 5:30-7:30pm (2)	Swim Lessons 5:30-7:30pm (2) Lap Swim (6)	Lap Swim (6) Family Swim (2) POOL CLOSES at 5:30pm	Lap Swim (6) Family Swim (2) POOL CLOSES at 5:30pm
7pm	Swim Lessons 5:30-7:30pm (2) Lap Swim (6)	Swim Lessons 5:30-7:30pm (2) Lap Swim (6)	Swim Lessons 5:30-7:30pm (2) Lap Swim (6)	Swim Lessons 5:30-7:30pm (2) Lap Swim (6)	Swim Lessons 5:30-7:30pm (2) Lap Swim (6)	CLOSED	CLOSED
8pm	Lap Swim (6) Family Swim (2) POOL CLOSES at 9pm	Lap Swim (6) Family Swim (2) POOL CLOSES at 9pm	Lap Swim (6) Family Swim (2) POOL CLOSES at 9pm	Lap Swim (6) Family Swim (2) POOL CLOSES at 9pm	Lap Swim (6) Family Swim (2) POOL CLOSES at 8:30pm	CLOSED	CLOSED

WEEKLY COMPETITION POOL HOURS

Mon-Thurs: 5am-9pm | Fri: 5am-8:30pm | Sat: 7am-5:30pm | Sun: 11am-5:30pm