



# LAP POOL SCHEDULE

**CITRUS MEMORIAL HEALTH FOUNDATION YMCA**  
**Fall 2023: Effective August 21, 2023**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>5am</b>	Pool opens at 5am Lap Swim (6)	Pool opens at 5am Lap Swim (6)	Pool opens at 5am Lap Swim (6)	Pool opens at 5am Lap Swim (6)	Pool opens at 5am Lap Swim (6)	CLOSED	CLOSED
<b>6am</b>	Masters Swim 6-7:30am (5) Lap Swim (2)	Masters Swim 6-7:30am (5) Lap Swim (2)	Masters Swim 6-7:30am (5) Lap Swim (2)	Masters Swim 6-7:30am (5) Lap Swim (2)	Masters Swim 6-7:30am (5) Lap Swim (2)	CLOSED	CLOSED
<b>7am</b>	Masters Swim 6-7:30am (5) Lap Swim (2)	Masters Swim 6-7:30am (5) Lap Swim (2)	Masters Swim 6-7:30am (5) Lap Swim (2)	Masters Swim 6-7:30am (5) Lap Swim (2)	Masters Swim 5:30-7:30am (5) Lap Swim (2)	<b>Pool Opens at 7am</b> PYP Swim Team 7:30-9:30am (6) Lap Swim (2)	CLOSED
<b>8am</b>	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	PYP Swim Team 7:30-9:30am (6) Lap Swim (2)	CLOSED
<b>9am</b>	Water Exercise 9-10am (5) Lap Swim (3)	Swim Lessons 9-10am (2) Water Exercise 9:45-10:45am (4) Lap Swim (2)	Water Exercise 9-10am (5) Lap Swim (3)	Swim Lessons 9-10am (2) Water Exercise 9:45-10:45am (4) Lap Swim (2)	Water Exercise 9:45-10:45am (5) Lap Swim (3)	PYP Swim Team 7:30-9:30am (6) Swim Lessons 9-11:45am (2)	CLOSED
<b>10am</b>	CCSB Water Safety 10am-1pm (2) Lap Swim (4)	Water Exercise 9:45-10:45am (4) CCSB Water Safety 10am-1pm (2) Lap Swim (2)	CCSB Water Safety 10am-1pm (2) Lap Swim (4)	Water Exercise 9:45-10:45am (4) CCSB Water Safety 10am-1pm (2) Lap Swim (2)	Water Exercise 9:45-10:45am (5) Lap Swim (3)	Swim Lessons 9-11:45am (2) Lap Swim (6)	CLOSED
<b>11am</b>	Water Exercise 11-12pm (5) CCSB Water Safety 10am-1pm (2) Lap Swim (1)	CCSB Water Safety 10am-1pm (2) Lap Swim (4)	Water Exercise 11-12pm (5) CCSB Water Safety 10am-1pm (2) Lap Swim (1)	CCSB Water Safety 10am-1pm (2) Lap Swim (4)	Lap Swim (6) Family Swim (2)	Water Aerobics 11:15-12:15pm (5) Swim Lessons 9-11:45am (2) Lap Swim (1)	<b>Pool opens at 11am</b> Lap Swim (6) Family Swim (2)
<b>12pm</b>	CCSB Water Safety 10am-1pm (2) Lap Swim (4)	CCSB Water Safety 10am-1pm (2) Lap Swim (4)	CCSB Water Safety 10am-1pm (2) Lap Swim (4)	CCSB Water Safety 10am-1pm (2) Lap Swim (4)	Lap Swim (6) Family Swim (2)	Water Aerobics 11:15-12:15pm (5) Lap Swim (3)	Lap Swim (6) Family Swim (2)

- (#) = Number of lanes available
- Pool schedule is subject to change

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>1pm</b>	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)
<b>2pm</b>	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)
<b>3pm</b>	LHS Swim Practice 3:30-5:30pm (7)	LHS Swim Practice 3:30-5:30pm (7)	LHS Swim Practice 3:30-5:30pm (7)	LHS Swim Practice 3:30-5:30pm (7)	LHS Swim Practice 3:30-5:30pm (7)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)
<b>4pm</b>	LHS Swim Practice 3:30-5:30pm (7)	LHS Swim Practice 3:30-5:30pm (7) <b>POOL CLOSED</b> at 4:30pm <b>Varsity Swim Meet*</b>	LHS Swim Practice 3:30-5:30pm (7)	LHS Swim Practice 3:30-5:30pm (7) <b>POOL CLOSED</b> at 4:30pm <b>Varsity Swim Meet*</b>	LHS Swim Practice 3:30-5:30pm (7)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)
<b>5pm</b>	LHS Swim Practice 3:30-5:30pm (7) PYP Swim Team 5:30-7pm (6) Swim Lessons 5:30-7:30pm (2)	<b>POOL CLOSED</b>  <b>Varsity Swim Meet*</b>	LHS Swim Practice 3:30-5:30pm (7) PYP Swim Team 5:30-7pm (6) Swim Lessons 5:30-7:30pm (2)	<b>POOL CLOSED</b>  <b>Varsity Swim Meet*</b>	LHS Swim Practice 3:30-5:30pm (7) PYP Swim Team 5:30-7pm (6)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)
<b>6pm</b>	PYP Swim Team 5:30-7pm (6) Swim Lessons 5:30-7:30pm (2)	<b>POOL CLOSED</b>  <b>Varsity Swim Meet*</b>	PYP Swim Team 5:30-7pm (6) Swim Lessons 5:30-7:30pm (2)	<b>POOL CLOSED</b>  <b>Varsity Swim Meet*</b>	PYP Swim Team 5:30-7pm (6) Family Swim (2)	Lap Swim (6) Family Swim (2) <b>POOL CLOSING</b> at 5:30pm	Lap Swim (6) Family Swim (2) <b>POOL CLOSING</b> at 5:30pm
<b>7pm</b>	Swim Lessons 5:30-7:30pm (2) Lap Swim (6)	<b>POOL CLOSED</b>  <b>Varsity Swim Meet*</b>	Swim Lessons 5:30-7:30pm (2) Lap Swim (6)	<b>POOL CLOSED</b>  <b>Varsity Swim Meet*</b>	Lap Swim (6) Family Swim (2)	<b>CLOSED</b>	<b>CLOSED</b>
<b>8pm</b>	Lap Swim (6) Family Swim (2) <b>POOL CLOSING</b> at 9pm	Lap Swim (6) Family Swim (2) <b>POOL CLOSING</b> at 9pm	Lap Swim (6) Family Swim (2) <b>POOL CLOSING</b> at 9pm	Lap Swim (6) Family Swim (2) <b>POOL CLOSING</b> at 9pm	Lap Swim (6) Family Swim (2) <b>POOL CLOSING</b> at 8:30pm	<b>CLOSED</b>	<b>CLOSED</b>

### WEEKLY COMPETITION POOL HOURS

Mon-Thurs: 5am-9pm | Fri: 5am-8:30pm | Sat: 7am-5:30pm | Sun: 11am-5:30pm

\* - Varsity Swim Meet end time is subject to change. The Competition Pool will open for Lap and Family Swim at the conclusion of each Swim Meet.