



CONNECT TO THE CAUSE



THE IMPACT OF YOUR GIFT TO THE NORTH PINELLAS YMCA

FEBRUARY 2020

MAKING A DIFFERENCE

Your support benefits so many of the people we serve every day. This is a letter we received from a member who has been impacted by your generosity:

The Y has made it possible for me to spend more time with my kids as a single mom and has also helped me and continues to help, each member of my family stay in shape. My children are able to come and workout in a safe and family-friendly environment to maintain being physically fit. They are now too old to attend summer camp and need to stay active during their break. I like to accompany them to the gym and workout as a family during the summer, along with my parents. All of the events with the Y have been positive experiences for my family and we consider the Y, along with its staff and members, as part of our extended family. None of this would have been possible without the help of the People Helping People scholarship that we have received throughout the years. Thank you again for allowing us to be part of your Y.

REINDEER RUN



Our 2019 Reindeer Run was a HUGE success! We raised \$22,000 from our generous sponsors and an additional \$5700 from our 294 runners! Thank you to everyone who participated.

The impact this run has on our MASH (Mainstream Adults Sharing Hope) program is phenomenal. Every penny raised goes directly to support MASH. One of the program participants, Keith, even raised an additional \$80 by himself! He loves MASH so much he wanted to

make an extra contribution. What an amazing group this is!

WAYS TO PARTNER

Did you know there are many ways you can give to your local Y? How about gifting stock, matching gifts through your employer and more. For information visit

ymcasuncoast.org/give-better-us or contact Seth Milbrand at smilbrand@suncoastymca.org or (727) 772-9622.

2019 HIGHLIGHTS

- 8000+ Active members at the North Pinellas YMCA served
- \$170,000+ donated funds
- 1 in 6 members received financial assistance for membership and programs
- 907 swim lessons provided
- 1600+ youth learned skills, hard work and team work in youth programs and sports
- 22 cancer survivors participated in LiveStrong at the Y

TAKE A TOUR TODAY!

Please contact Seth Milbrand, District Vice President, at smilbrand@suncoastymca.org or call (727) 772-9622 if you would like a personal tour of the North Pinellas YMCA!

GIVING TREE GIVES BACK



This past holiday season, the North Pinellas YMCA launched our 19th annual Giving Tree. Our generous members, volunteers and employees came together to help 135 children, ages 6 months to 14 years old, have a wonderful and memorable Christmas. These children were from families at our Greater Ridgecrest YMCA who are currently benefiting from our People Helping People financial assistance program. Gifts included bicycles, clothes, games and everything in between! We are honored to be able to bring people together and strengthen our

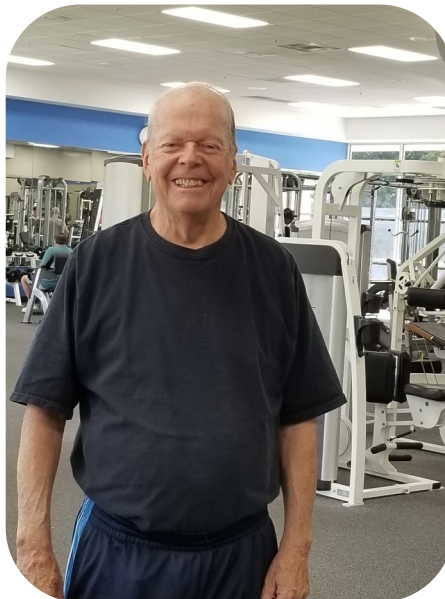
community during the holiday season.

HEALTHY LIVING

Brendan Sullivan has been a member of the Y for about 2 ½ years. He originally came to us to get healthier, with emphasis on losing weight and learning to swim. Not only did he lose “a significant” amount of weight, but he is now an avid lap swimmer. He credits his personal trainer, Kari Grassia, and his swim instructor, Ann Moberg, for helping him reach his goals. “They kept me motivated and I never felt like this was just a job for them. They both made me feel special and important, and because of this, I wanted to work harder and do better.”

Recently Brendan had to take some time off from the Y while he was working on his new home. “Ann put out an APB on me so one of my water exercise buddies found me at my community pool to make sure I was ok! I also got a couple of other calls from staff at the Y checking up on me. It made me feel very loved.”

Brendan sums up his experience here with, “Coming to the YMCA means living a healthier life.”



SUPPORTING OUR CAUSE

Every year it is our goal to impact as many as we can that want to be healthier, who battle chronic disease, who need a safe place to go after school, and who need to be safe in and around water. If you know of an individual or business that would be interested in connecting to our cause and giving back to our community, please contact Seth Milbrand at smilbrand@suncoastymca.org.

ADVISORY COUNCIL MEMBERS

Jason Butts	Shannon Cuomo
John Crawford	Judy Davis
Dr. Maggie Davis	Sarah Defosses
Jason Dukas	Alan Everton
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Eva Krutchik	Ken Kunsman
Dean McSpadden	Donnie Scruggs*
Jessica Serrano	Chip Snare
Ed Thompson	Tom Young
Leona Wells	

Teen Council Members:

Haley Carr	Brendan Wells
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*Current Council Chair

MAKE A LASTING IMPACT

Your support of the YMCA of the Suncoast will help our community learn, grow and thrive for generations to come. For more information on planned giving, please contact Ben Prewitt, Philanthropy Advisor at bprewitt@suncoastymca.org or (727) 467-9622.