



Weekly Lap Pool Hours
Monday-Friday 5:00AM-9:30PM
Saturday 7:00AM-5:30PM
Sunday 11:00PM-5:30PM

LAP POOL SCHEDULE

August-October 2019

Citrus Memorial Health Foundation Branch

August 1st – October 18th

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|----------|---|--|---|--|---|---|--|
| 5:00 am | POOL OPENS AT 5:00AM Lap Swim 5 Lanes | POOL OPENS AT 5:00AM Lap Swim 5 Lanes | POOL OPENS AT 5:00AM Lap Swim 5 Lanes | POOL OPENS AT 5:00AM Lap Swim 5 Lanes | POOL OPENS AT 5:00AM Lap Swim 5 Lanes | CLOSED | CLOSED |
| 6:00 am | Masters Swim 6:15-7:30am Lap Swim 3 Lanes | Lap Swim 5 Lanes | Masters Swim 6:15-7:30am Lap Swim 3 Lanes | Lap Swim 5 Lanes | Lap Swim 5 Lanes | CLOSED | CLOSED |
| 7:00 am | Masters Swim 6:15-7:30am Lap Swim 3 Lanes | Lap Swim 5 Lanes | Masters Swim 6:15-7:30am Lap Swim 3 Lanes | Lap Swim 5 Lanes | Lap Swim 5 Lanes | POOL OPENS AT 7:00AM Lap Swim 5 Lanes | CLOSED |
| 8:00 am | Lap Swim 5 Lanes | Aqua Yoga 8:00-8:45 am Lap Swim 3 Lanes | Lap Swim 5 Lanes | Lap Swim 5 Lanes | Aqua Yoga 8:00-8:45 am Lap Swim 3 Lanes | Lap Swim 5 Lanes | CLOSED |
| 9:00 am | Water Exercise 9:00-9:45am Lap Swim 2 Lanes | Swim Lessons 9:00- 10:00am Lap Swim 2 Lanes | Water Exercise 9:00-9:45am Lap Swim 2 Lanes | Swim Lessons 9:00-10:00am Lap Swim 2 Lanes | Swim Lessons* 9:00-10:00am Lap Swim 2 Lanes | Swim Lessons 9:00-9:30am Lap Swim 2 Lanes | CLOSED |
| 10:00 am | CCSB Water Safety 10:00-1:00pm Lap Swim 2 Lanes | CCSB Water Safety 10:00-1:00pm Lap Swim 2 Lanes | CCSB Water Safety 10:00-1:00pm Lap Swim 2 Lanes | CCSB Water Safety 10:00-1:00pm Lap Swim 2 Lanes | CCSB Water Safety* 10:00-1:00pm Lap Swim 2 Lanes | Swim Lessons 10:00-10:30am Lap Swim 2 Lanes Water Exercise 10:00-10:45 am | CLOSED |
| 11:00am | CCSB Water Safety 10:00-1:00pm SilverSplash 11:00-11:45am Lap Swim 1 Lane | CCSB Water Safety 10:00-1:00pm Deep Water Ex 11:00-11:45am Lap Swim 1 Lane | CCSB Water Safety 10:00-1:00pm SilverSplash 11:00-11:45am Lap Swim 1 Lane | CCSB Water Safety 10:00-1:00pm Lap Swim 4 Lanes | CCSB Water Safety* 10:00-1:00pm Lap Swim 4 Lanes | Swim Lessons 11:00-11:30am Lap Swim 2 Lanes | POOL OPENS AT 11:00AM Family Swim Lap Swim 4 Lanes |
| 12:00 pm | CCSB Water Safety 10:00-1:00pm Lap Swim 3 Lanes | CCSB Water Safety 10:00-1:00pm Lap Swim 3 Lanes | CCSB Water Safety 10:00-1:00pm Lap Swim 3 Lanes | CCSB Water Safety 10:00-1:00pm Lap Swim 3 Lanes | CCSB Water Safety 10:00-1:00pm Aqua Dance 12:45-1:30pm Lap Swim 2 Lanes | Family Swim Lap Swim 4 Lanes | Family Swim Lap Swim 4 Lanes |

*Make-up Swim Lessons as needed due to Weather

- Tuesdays and Thursdays August 27th though October 17th Pools will be closing at 5:30pm for Varsity Swim Meets

- Competition Pool will be used for Exercise ONLY during Swim Team Practice; Family Swim is available in Family Pool

*Revised 8/30

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---------|--|--|--|--|---|---|---|
| 1:00 pm | Family Swim Lap Swim 4 Lanes | Family Swim Lap Swim 4 Lanes | Family Swim Lap Swim 4 Lanes | Family Swim Lap Swim 4 Lanes | Aqua Dance 12:45-1:30pm Lap Swim 4 Lanes | Family Swim Lap Swim 4 Lanes | Family Swim Lap Swim 4 Lanes |
| 2:00 pm | Family Swim Lap Swim 4 Lanes | Family Swim Lap Swim 4 Lanes | Family Swim Lap Swim 4 Lanes | Family Swim Lap Swim 4 Lanes | Family Swim Lap Swim 4 Lanes | Family Swim Lap Swim 4 Lanes | Family Swim Lap Swim 4 Lanes |
| 3:00 pm | LHS Swim Practice 3:30pm-5:30pm 6 Lanes Lap Swim (ONLY) 1 Lane | LHS Swim Practice 3:30pm-5:30pm 6 Lanes Lap Swim (ONLY) 1 Lane | LHS Swim Practice 3:30pm-5:30pm 6 Lanes Lap Swim (ONLY) 1 Lane | LHS Swim Practice 3:30pm-5:30pm 6 Lanes Lap Swim (ONLY) 1 Lane | LHS Swim Practice 3:30pm-5:30pm 6 Lanes Lap Swim (ONLY) 1 Lane | Family Swim Lap Swim 4 Lanes | Family Swim Lap Swim 4 Lanes |
| 4:00 pm | LHS Swim Practice 3:30pm-5:30pm 6 Lanes Lap Swim (ONLY) 1 Lane | LHS Swim Practice 3:30pm-5:30pm 6 Lanes Lap Swim (ONLY) 1 Lane | LHS Swim Practice 3:30pm-5:30pm 6 Lanes Lap Swim (ONLY) 1 Lane | LHS Swim Practice 3:30pm-5:30pm 6 Lanes Lap Swim (ONLY) 1 Lane | LHS Swim Practice 3:30pm-5:30pm 6 Lanes Lap Swim (ONLY) 1 Lane | Family Swim Lap Swim 4 Lanes | Family Swim Lap Swim 4 Lanes |
| 5:00 pm | Swim Lessons 5:30-6:00pm LHS Swim Practice 3:30pm-5:30pm 6 Lanes PYP Swim Team 5:30pm-7:30pm | LHS Swim Practice 3:30pm-5:30pm 6 Lanes Lap Swim (ONLY) 1 Lane | Swim Lessons 5:30-6:00pm LHS Swim Practice 3:30pm-5:30pm 6 Lanes PYP Swim Team 5:30pm-7:30pm | LHS Swim Practice 3:30pm-5:30pm 6 Lanes Lap Swim (ONLY) 1 Lane | Swim Lessons* 5:30-6:00pm LHS Swim Practice 3:30pm-5:30pm 6 Lanes PYP Swim Team 5:30pm-7:30pm | Family Swim Lap Swim 2 Lanes POOL CLOSING AT 5:30PM | Family Swim Lap Swim 2 Lanes POOL CLOSING AT 5:30PM |
| 6:00 pm | Swim Lessons 6:15-6:45pm PYP Swim Team 5:30pm-7:30pm Lap Swim 2 Lanes | Varsity Swim Meet POOL CLOSED | Swim Lessons 6:15-6:45pm PYP Swim Team 5:30pm-7:30pm Lap Swim 2 Lanes | Varsity Swim Meet POOL CLOSED | Swim Lessons* 6:30-6:45pm PYP Swim Team 5:30pm-7:30pm Lap Swim 2 Lanes | CLOSED | CLOSED |
| 7:00 pm | Swim Lessons 7:00-7:30pm PYP Swim Team 5:30pm-7:30pm Lap Swim 2 Lanes | Varsity Swim Meet POOL CLOSED | Swim Lessons 7:00-7:30pm PYP Swim Team 5:30pm-7:30pm Lap Swim 2 Lanes | Varsity Swim Meet POOL CLOSED | Swim Lessons* 7:00-7:30pm PYP Swim Team 5:30pm-7:30pm Lap Swim 2 Lanes | CLOSED | CLOSED |
| 8:00 pm | Masters Swim 8pm-9:15pm 4 lanes Lap Swim 2 Lanes | Family Swim Lap Swim 4 Lanes | Masters Swim 8pm-9:15pm 4 lanes Lap Swim 2 Lanes | Family Swim Lap Swim 4 Lanes | Family Swim Lap Swim 4 Lanes | CLOSED | CLOSED |
| 9:00 pm | Masters Swim 8pm-9:15pm 4 lanes Lap Swim 2 Lanes POOL CLOSING 9:30PM | Family Swim Lap Swim 4 Lanes POOL CLOSING 9:30PM | Masters Swim 8pm-9:15pm 4 lanes Lap Swim 2 Lanes POOL CLOSING 9:30PM | Family Swim Lap Swim 4 Lanes POOL CLOSING 9:30PM | Family Swim Lap Swim 4 Lanes POOL CLOSING 9:30PM | CLOSED | CLOSED |

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* Revised 8/30